

Ludis lungit

The Panathlete's Charter

The honour of being a Panathlete pledges me::

- 1. to honour the motto "Ludis Jungit and to promote the panathletic ideal;
- 2. to observe the rules of the Club to which I belong;
- 3. to do my best as a volunteer to help my Club achieve its goals;
- 4. to develop and cultivate friendship with all Panathletes, and to help new members settle in rapidly to the life of our Clubs;
- 5. to operate so that sport may be enjoyed and experienced by all men and all peoples as a cultural achievement;
- 6. to act always and everywhere to assert sports ethics based on fair-play;
- 7. to do everything possible so that young people in my town, in my region, in my country may receive a healthy sports education;
- 8. to show how sports should be practised;
- 9. to be an enthusiastic spectator and at the same time an exemplary sportsman in watching a sporting event;
- 10. to be a true ambassador of sport intended as an emancipating instrument for men and to oppose whatever may spoil it.

I shall enhance my commitment by regularly attending the meetings and events organised by my Club and by other Clubs belonging to Panathlon International.



VILLA QUEIROLO

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