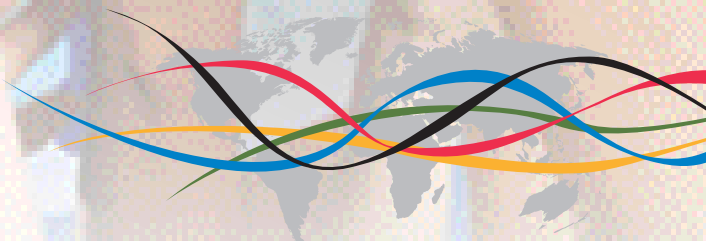




PANATHLON INTERNATIONAL



N° 1 January-April 2020





- 4• Writing competition
Marta and Angelo win the writing competition
- 7• The Lausanne Club's stand at the Olympic Games for the Young
- 8• The Baron De Coubertin's ingenious olympic idea
- 10• A fantastic team animated by competence and passion
- 12• THE EUROPEAN UNION with the understanding of the IOC
Spreading volunteer activities in sport among the young
- 13• Over 13 million European protagonists of EOS 2019
- 14• EWOS 2019: The challenges continue...
- 20• Thanks to "Special Olympics", the sport that colours life
- 21• The Brussels antenna
In Sofia our commitment for clean and ethical sport
- 22• THE ITALIAN DISTRICT
Ethics, Culture and Sport
- 24• Panathlon's commitment for protecting the seas
- 26• ITALIAN DISTRICT / MILAN CLUB
From the football championship to Auschwitz
The Domenico Chiesa Award was given to Marani
- 28• THE MEXICO DISTRICT
The Delicias club celebrates the Toy Race
- THE ECUADOR DISTRICT
The Portoviejo Club has been founded
- 29• Italian District / Reggio Calabria Club
Youth Tennis Fair Play Prize
- 30• THE ITALIAN DISTRICT / THE RIETI CLUB
The ethical plate on the road for small riders
The difficult story of women in sport
- 31• THE BRAZIL DISTRICT
Professor José Pinto Lapa, member of the Brazilian Accademy
- 32• THE ITALIAN DISTRICT / THE PAVIA CLUB
Transgender sportspeople
- 34• Elzevir
About elections and the elected parties



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Our tomorrow from Lausanne to Osimo

This edition of our Magazine shows the 2020 Youth Winter Olympic Games and Panathlon's related international events.

Among these first of all there is our Literary Competition.

Although some people had stated that it was obsolete and did not suit the current tastes of young people, this competition received an even greater success than expected, which was encouraging. Thus Panathlon International enabled the two top winners in their categories and the excellent quality works on issues relating to sport to be highlighted.

They consisted of a beautiful poem and a piece of prose bearing witness to a certain degree of maturity of these young people, aged between 14 and 17. You can read them in the Magazine.

These two works were prized with an invitation to the Lausanne Games. The two winners now have splendid memories of the event.

Both Panathlon International and its Lausanne Club were in the foreground for the whole period of the Games. The attraction of our stand was strengthened by a little competition organised by the Lausanne Club. Over 700 young people took part and the prizes were ensured also thanks to the support of several local sponsors. With its presence at the Youth Games and the promotion of its Writing Contest, Panathlon International performs its statutory role properly, in line with the Olympic spirit, promoting a healthy sport-related education for the young.

The overall importance of the event also gives us greater visibility and influence in sport-related environments. Another point widely commented on and illustrated in the Magazine is the excellent participation of our Clubs in the European Week of Sport (EWOS) and the work of our Panathlon International Representative Office in Brussels.

In December 2019 in Mestre I had the honour and pleasure of signing the "Charta Smeralda" code of ethics launched by the One Ocean Foundation. Protecting our seas and oceans against pollution is a challenge that it is worthwhile to face up to.

This conflict seems to be within our capacity, perhaps more than that fought against the human causes of global heating, as it is the responsibility of the States, of every enterprise and also of every citizen to attempt to reduce the levels of pollution of our seas and oceans. As athletes, we also have a very specific interest in this. Many sports are practiced on our seas.

This "Charta" will be one of the tools that Panathlon has undertaken to highlight.

Lastly, we must remember that 2020 is an election year. All the international assignments and numerous national and regional mandates will be subject to elections. On 6th and 7th June, in Osimo, in the Marche region, the general and election meetings will be preceded by their traditional Congress. This year the chosen topic, very current and interesting for the whole world of sport, is: "The role of sport and of physical activity in the ageing process".

We do hope that many panathletes will be present to support your candidates, to take part in the educational aspects organised by our Scientific and Cultural Commission and to visit this magnificent region of Italy.

Do enjoy reading our Magazine



Pierre Zappelli
International President

MARTA AND ANGELO WIN THE WRITING COMPETITION

“Education through Sport” and “The Fight against Doping” are the issues tackled in the prose and poetry works

di Maurizio Monego

The 1st Writing Competition, launched in 2018 with the aim of promoting the Olympic values and those of Panathlon came to its end with the final prize-giving. Organised at national level by the International Panathlon Districts and in the various different language areas and regions, it produced about 150 works by young students of the two age categories, 11 to 15 and 16 to 19, each divided up into in “Text” and “Poetry”.

The Districts of origin were those of Brazil, Italy, Mexico and Switzerland.

The subjects suggested by the notice of the competition were the following eight:

- How to get the aims of Panathlon better known - Ethics and Fair Play and their expressions - Sport in Society - Sport and Health - Education through Sport - Violence in Sport - The Fight against Doping - The Values of the Paralympic Games.

The number of medals assigned was 13. The lion's share went to Italy with 11 of them. The other two flew to Mexico for students of the district of the newly created Delicias Mexico Panathlon Club of the city of Chihuahua, capital of the Mexican state bearing the same name. These were Marta Liliana Mora (13) for “Deporte y salud” and Paulina Michelle (14) per “Violencia en el deporte”.

Among the 13 medal winners, the absolute winners for the categories “Text” and “Poetry” were proclaimed. They were Marta Buscaglia (14) and Angelo Petrelleri (17), who practice sport, artistic gymnastics and football respectively.



They are not champions but they do have their own sensitivities with regard to sport.

Marta examined the issue of “Education through sport” while Angelo tackled the insidious aspect of “The Fight against Doping”. One provided a three-page composition bearing the title “A Heartfelt Dive”, the other produced a poem with some bitter tones.

Marta, now fifteen years old, is a fresh-faced girl attending the “Felice Casorati” artistic high-school in Novara.

In her story she transfers her experience as a young sportswoman onto a boy who, thanks to his hesitant approach to the world of diving overcomes his uncertainties and gains self-confidence.

Angelo, who is now eighteen and attends the I.I.S. Roncali scientific high-school, specialising in applied science, sounds the feelings of “a winner who did not win”, and reflects about sport as a “hopeless contest”, in the disenchantment of a reality in which, however, “we feel the need of a certainty”.

The prize-giving for the two took place in Lausanne in the evening of Saturday, 11th January, a date chosen not at random by the President Pierre Zappelli. The prize given to each of the two authors was the opportunity to experience the atmosphere of the third edition of the Winter Olyoic Games for the Young (on 9th to 12th January 2020).

The actual prize-giving was carried out in an informal atmosphere, in the restaurant called “2020” set up by the Committee organising the Games. The evening, set aside for the members off the Lausanne Panathlon clb and their guests from Swiss and Italian clubs, was introduced by the Club President

Philippe Cottet, who said how happy he was to host the event in the capital of Olympic Sport and in an extraordinary context such as that of the third Winter Olympics for the Young.

Simona Callo, General Secretary of Panathlon International, representing the President Zappelli, illustrated the spirit and the aims of the competition, in the framework of the projects that the International Council had started up. Helped by the Representative Body of Lausanne, Melody Exhenry handed over the parchments bearing the reasons for the prizes.

Marta's parents were happy and excited. Ms Tiziana Bocci, a panathlete herself and first president of the Valdelsa Panathlon Club, promoter of the competition at her school in Poggibonsi, was satisfied.

For Marta and Angelo it was a surprising experience, enriched also by the visit to the Olympic Museum. They deserve the best wishes of all the panathletes, hoping that they will cultivate the principles inspiring Olympism and that they may become witnesses and ambassadors of those values.

THE JURY'S REASONS

Angelo Petrellese was awarded his prize for his "Poem":
"It strikes naked and raw, without pointing a finger. The underlying bitterness paints the spectral context of what is being 'sung'. There is no room for frills, only for the surrounding bitter reality."

Marta Buscaglia was awarded her prize for the tale: "A heartfelt dive"; It stands out for its conversational simplicity that stimulated immediacy in the reader who, not losing the details of the story, rises the writer's emotions, "A dive in to pathos".

Angelo Petrellese Class A4 Panathlon Competition Poem Section

Why should we feel champions if we are not,
 where we are at a disadvantage if there
 is no prevalence,
 in search of new strong emotions,
 with no transitions or successions.
 In a context without hope
 we feel the need of a certainty,
 knowing by now that not all in what
 we come across is actually to be taken for granted.
 The public is there waiting for us,
 still full of certainty
 In death or in life, destiny will help us,
 Almost as if the final outcome
 that is to come were known.
 One cannot imagine the feeling
 of a winner who has not won
 We have lost everything

Marta Buscaglia

Class I C
 Panathlon Competition. Story section
 Subject: Education through sport

A heartfelt dive
 Here I am on the three-metre diving board, with my heart beating so fast. The public around me are holding their breath. I take a look at the water beneath me and swing a little on the board. Am I really doing this?
 Just nine months ago I would never have expected that I could be here.
 Everything began on a day like any other. It was the last week of school before the summer holidays and our teacher had asked us to express an opinion about a topic she had explained a little earlier. Panicking, I just answered: "Yes, it is like he says for me too".
 I simply received a look of disappointment, both from the teacher and from my friend Andrea, the "he" who had spoken before me.
 mentioned
 At the exit Andrea had approached me and told me: "You must start to think with your own head and not be afraid of other people's judgements."
 I had not answered. I had said goodbye and, with my eyes down, turned into my usual lane. Then I collided with a boy holding some folders who exclaimed:
 - Hey, this is what they call a lucky strike. You must be the first person I have to invite to this summer's diving course. Here, take this. It's all written here".
 He handed me a sheet and I answered that diving was not for me, but he looked at me and said:
 "You are an uncertain type, aren't you. I know what that means. It is an unpleasant life. Do listen. Think about it. You might be surprised how good learning to dive is for you."

Hesitating, I took the folder and went home with plenty of thoughts in my head. A week later, feeling curious, I approached the training centre and, with the folder I had been given, I entered and very quietly asked the girl behind the counter where I had to go for the diving course. She smiled at me and indicated the swimming pool.
 I approached and saw the boy I had met in the lane from the school. He waved enthusiastically to greet me and I smiled back. He approached me and said:
 "How great to see you here. I knew you would come. Let me introduce myself. I am Simone but you can call me simply Simo. What about you?"
 "My name is Luca."
 "So, Luca, are you ready to dive?"
 "Well, really..."
 "Come on!"
 I did not know that the test consisted of diving in without any explanations or indications so once I was on the diving board I stiffened and told Simone that I did not feel up to it. He looked at me and smiled, saying:
 "It's all right. You only need a bit of practice, gravity will do the rest."
 His enthusiasm was so catching that I followed him. I reached him at the edge of the pool where he taught me the movements to make with my arms in order to give me strength.
 Things were becoming interesting and exciting me.
 So I went to lessons regularly three days a week until the day when I had to jump from the one-metre board – the one that stopped me from diving the first time – came. I concentrated and closed my eyes, trying to remember everything Simo had taught me. I was about to dive "head first", which I would now define very simple, but that at the time I considered the most complicated mission, so that managing it really meant a lot.
 I checked that my feet were together, I balanced on my

legs, bending them, and raised my arms above my head. I was ready to go.

I detached my feet from the board, holding my head up straight, looking ahead, my feet and knees stretched out. With my heart beating hard, I lifted my feet towards my body, making my arms swing forwards and downwards and embracing my legs. I concentrated on the exact point in which I would have to land and then raised my arms upwards and pushed my body into the required place. I had stretched my muscles, my head between my arms, and remained like that until even the tips of my feet entered the water. I returned to the surface unbelievably. I had done it! It was there that I fell in love with this sport, that indeed I still practice.

I think that it is even thanks to it that I have changed.

Before, I was an invisible boy, one who never talked and at school always sat in the last row, far away from everyone else.

This year I have changed school, from middle school to high school, and I have noted a great difference in my way if facing up to new people and environments. I take things with a very positive attitude, with confidence and enthusiasm. The good relations that were created immediately with my new school mates confirmed this.

With the new year I received a surprising piece of news that at first I did not know how to react to. Simone had approached me and told me that every year a diving competition was organised at our swimming pool among the pupils of different pools. It was a proper competition, with a public and judges, and since I too was in the pupils' team and had improved greatly, he wanted me to take part.

This sort of experience was an opportunity I had to take, that would have meant a lot for me. Yes, indeed, I thought, but would it have left me with a positive or a negative feeling? I thought a lot about this. Perhaps what worried me most was the presence of the public and above all of the judges. But I could do it. I simply had to perform my dive without thinking of anything else. I accepted. I started a

period of more intense training to prepare for the competition but I was so determined that I put everything into it. Now, the fateful day has arrived.

Just a few hours ago I met the other competitors. There are twenty of us. All in a row outside the changing room, we peeked at the judges and the many people there. Many of the youngsters were tense and nervous, just like me, which made me feel better.

Gradually the row became shorter. My turn came. Simone looked me in the eyes and simply smiled at me to reassure me and give me that crumb of courage that I needed.

They called my name. I climbed up the steps to the three-metre high board from which I had to carry out the dive I had been practicing for months. I walked, I reached the edge of the board, On my right were my parents, looking proudly at me even if I had done anything yet, but like me they did not need to see how the dive went. It was enough for them to know that I had decided to do it. That was my win, exhibiting to the other was a detail. I breathed, I got into position: feet together, legs bent, I give myself a thrust, I lift my feet and hug my legs until I become a ball, then comes rapid rotation, so fast that it seems imperceptible, and now, head turned towards the water, muscles tensed, entry into the water ...

I come up to the surface, I pop out, I get out of the pool. I can hear the applause.

Simone comes towards me. He hugs me even if I am soaking wet:

"I knew it. I knew we would have ... you would have made it!"

He winked as he said it.

Now there is just one more feeling: for the score. The jury gave me a high score both for my elegance and for how I entered the water, one a bit lower for my departure because I had hesitated, but never mind, I came fourth. I didn't win a medal but something far more important: self-confidence.



La premiazione: da sin. Melody Exhenry, Marta Buscaglia, Angelo Petrellese, il Presidente Philippe Cottet e il Segretario Generale del P.I. Simona Callo

Lausanne Club Stand At the Youth Olympic Games

The Panathlon international stand at the Lausanne Youth Olympic Games in 2020, set up on the main thoroughfare of the city of Lausanne at Le Flon, at a distance of 50 metres from the official stage used for giving out the prizes, was a great success.

On this stand, showing Panathlon's various cards and missions, a considerable number of passers-by took part in our competition allowing people to win tickets to take part in the sports competitions of the Lausanne Hockey Club, Athletissima, the Bowls World Cup or the Olympic Museum). Great thanks to the members of the Lausanne Panathlon for their involvement in promoting the Panathlon and their initiatives aimed at the public.

Many personalities visited the stand, including the president of YOG2020 Virginie Faivre, three times female world champion of half-pipe.

On the first Saturday of the YOG we welcomed all the Panathlon clubs of Romandia, including Bienne (through Geneva), which appreciated our invitation.

The panathletes were able to experience the emotion of the YOG in the city of Lausanne with presentations of young artistes and all the activities offered by several sports played "live".

Everyone was struck by the size of the crowd attending

and in particular in the prize-giving square, since on that evening Swiss national anthem was played.

During the evening that followed, at the "2020" restaurant, all 90 of the invited Panathletes were able to attend the presentation by Panathlon International of the Literary Prize.

The two winners, coming from Italy, were given a warm welcome.

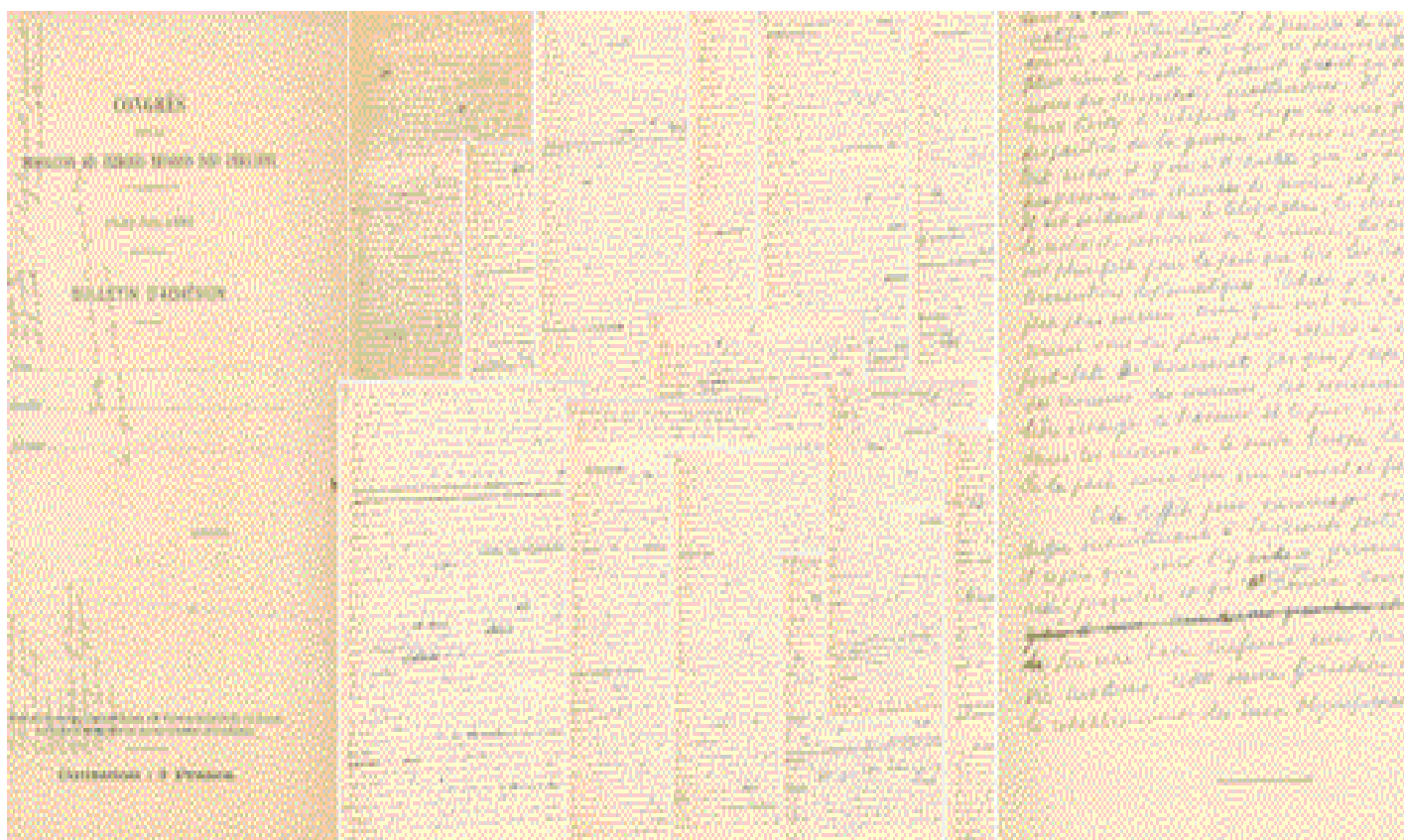
The participants were able to taste an excellent "raclette", a typical plate based on molten cheese, in a friendly atmosphere. Everyone experienced a unique moment in Switzerland through these Youth Olympic Games.

The International Olympic Committee (IOC), represented by its President Thomas Bach (honorary member of our club), praised the exceptional success of these Games.



The Olympic Museum receives a manuscript by De Coubertin

It is the speech in which he proposed to organise the modern Olympic Games



The historic manuscript covering the initial project aimed at restoring the Olympic Games has been handed over to the Olympic Museum in Lausanne, Switzerland, almost 130 years after it was written by Baron Pierre de Coubertin. It was donated by Alisher Usmanov, who is also president of the International Fencing Federation.

The 14-page manuscript contains the speech in which Pierre de Coubertin had presented for the first time his visionary idea of bringing the Olympic Games back to life in modern times. The speech had been given on 25th November 1892 at the Sorbonne, in Paris, at the time of celebrating the fifth anniversary of the Union des Sociétés Françaises de Sports Athlétiques, when Pierre de Coubertin was only 29. Two years later, in the same Auditorium, the decision to restore the Olympic Games became official.

As declared by Thomas Bach, president of the Interna-

tional Olympic Committee (IOC): "Today we are privileged witnesses of history. On the one hand we are the holders of this historic document, the manuscript of the speech that laid the philosophic basis of the Olympic Movement. On the other hand we are witnesses of a historic event, with the return of this manuscript to the place where it has to be."

In thanking Alisher Usmanov for his gift, Thomas Bach added: "This gift today is far more than the delivery of a manuscript to the Olympic Museum. Your generosity makes this special moment possible, an event reminding us in such a vivid way of the mission of the Olympic Games, which is that of bringing the world together in a pacific competition. It is thanks to your generosity that today we can think about our history and celebrate this direct link with our founding father."

On his part, Alisher Usmanov indicated: "This manu-

script is the manifesto of the modern Olympic Games. Pierre de Coubertin had the vision of a world held together by sport and not divided up by confrontations and wars. I believe that the Olympic Museum is the proper place in which to keep this manuscript, of inestimable value.”

The manifesto is elegantly written in French using cuttlefish ink on 14 sheets of vellum paper, on the back of empty registration forms for the International Congress on physical education of 1889, co-organised by Pierre de Coubertin during the Paris Universal Exhibition.

Some original pages of the Manifesto, on which enigmatic revisions appear, will be exhibited at the Olympic Museum, for the very first time. The complete document will then be put together on a permanent basis. Alexandra de Navacelle de Coubertin, president of the Pierre de Coubertin Association, confided: “For our family this is a unique opportunity and a source of immense pride to see my great-uncle’s view, written on paper, that of a man who had already understood more than one hundred years ago, how sport could change the world, and what a tremendous force the Olympic

Games could be for the good at those times and in the future. It is reassuring and particularly moving to see the return of the Olympic Manifesto to the premises of the Olympic Movement, the Olympic Museum, where millions of fans from all over the world will be able to discover it. »

Mr Stephan Wassong, of the Germany University of Sport of Cologne and president of the International Pierre de Coubertin Committee, stated personally: “It is appropriate to pay tribute to the donor of this precious manuscript to the Olympic Museum, a place of exchanges, of thought and of comprehension concerning the Olympic Movement. Such a philanthropic action is rare nowadays.

The ink between the Olympic Manifesto and the IOC’s current mission shows that de Coubertin’s view and ideas are not obsolete. They are still current for the Olympic Movement, which has an impact on societies in the whole world. Indeed, Pierre de Coubertin believed firmly that the Olympic Games could provide a real contribution to peace in the world.”



Thomas Bach, President of the IOC, and Alisher Usmanov, donor of the manuscript

A fantastic team animated by skill competence and passion

by Elaine Cook
President CSC

It is wonderful to have an opportunity to present the Cultural, Scientific and Education Committee of Panathlon International.

I have been President of the Committee for four years, a member since 2013, and I can say wistfully the time has evaporated like a tuft of white cloud in the blue sky over Rapallo on a beautiful day. When I joined in 2013, along with Anne Tiivas, we were the first women to sit on an PI Committee.

Our presence was a result of the vision provided by our former Presidents, the esteemed Vic De Donder and Yves Vanden Auweele. In fact, the membership of our Committee has changed little over the years, which has helped us to establish deep connections that facilitate meaningful work and progress. It is my privilege to introduce to you your CSEC members.

As an international organization concerned with sport ethics, we are incredibly fortunate to have someone with the expertise that Anne Tiivas brings. Anne was the Director of the National Child Protection in Sport Unit for ten years, in the U.K.. Currently, as Chair of Safe Sport International she is passionate about building the capacity of sports organisations to safeguard and protect children and adult athletes in and through sport.

Anne recently received the Order of the British Empire (OBE), which rewards public service. She is passionate about building the capacity of sports organisations to safeguard and protect children and adult athletes in and through sport.

One of the original members is our South American (Brazilian) member Antonio Bramante, who is retired from the Department of Leisure Studies at the State University of Campinas/São Paulo. In addition to being a panathlete for 40 years, he is also a committed volunteer with Rotary International. Antonio has a special interest in helping to disseminate the concept of 'recreational' sport to enhance the quality of life for all and is concerned with the future of Panathlon as well as the internal role of the CSEC.

Eugenio Guglielmino, a fellow Italian and original member, is currently a full professor of Design of Machine at the University of Messina. He loves to teach and aims to train not only mechanical engineers but inspire physically active students such as "Formula Student" or "Moto Student". Eugenio brings the Italian appreciation for details and life to our Committee, for which we are grateful.

Our Swiss member, who is also one of the original six, Pierremarco Zen Ruffinen is professor of sport law emeritus at the University of Neuchâtel. He is a deep thinker, keeping our Committee on track with his Swiss effectiveness and efficiency.

Thierry Zintz is our newest member (2018). Currently, he is the Olympic Chair in Management of Sport Organisations at the Université catholique de Louvain (Belgium) and a member of the IOC Olympic Education Commission and the WADA Education Committee. He is passionate about the ethic and wellbeing of athletes transitioning beyond their careers.

For the past year we have had an honorary member, who has unwaveringly and unflinchingly supported our Committee and many other projects within the Panathlon community. As president of the newly installed Panathlon Brussels E.U. (my club) he is a



tireless panathlete. Paul Standaert is a retired human resources professional who is now a professional volunteer of sorts. He is a Board Member of the Belgian Gymnastic Federation, President of the Board of GO! Scholengroep Gent (34 institutes, 12,000 students and 4000 teachers/personel). Paul is passionate about ethics and fairplay.

Finally, a little about me. I recently defended my doctorate in sport psychology, where I researched the effects of teaching elite coaches how to communicate more generatively to enhance the development and performance of athletes.

I currently work at a pediatric rehabilitation hospital where I am responsible for teaching and embedding those generative communication skills and principles to doctors, nurses, clinicians, students, even clients and parents. I am passionate about learning, development, and communication.

Our Committee meets just once a year. It is often a two day meeting that begins early and ends late each day. We provide expertise to inform congress themes and format. For example this past year our members surveyed clubs around the globe to capture a theme that our constituents would find relevant and meaningful for 2020.

We also make recommendations regarding current initiatives and projects under consideration by our



International Board. Additionally, we suggest, submit and support various grant projects that align with the mission and values of PI. Each of our Committee members work within their own sphere of expertise to promote PI.



Spreading volunteer activities in sport among the young

With the Erasmus programme, forms of attendance at organisational level for social inclusion and intercultural dialogue are incentivated

“Empowering Youth Volunteers Through Sport (EYVOL)” is a transnational and multi-sectoral cooperation initiative cofounded by the European Union within the Erasmus+ programme, involving partners from the Olympic Movement, the United Nations, Academia and civil society, working together to develop and implement innovative educational methods to train youth volunteers on how to utilise sport to promote inter-cultural dialogue, peace and socio-economic development.

While embracing the whole international dimension of sport volunteerism, EYVOL addresses special attention to the Enlarged Mediterranean Region, including the Middle East, with a view of promoting the role of sport as a way to narrow the gap between the North and the South of the Mediterranean Basin.

The main objectives of EYVOL are:

- Promote increased civic participation of young people by developing the concept of sport volunteerism for social inclusion through the attractiveness of sport activities.
- Internationally collect and disseminate good practices on the use by youth and civil society organisations of sport as a tool for social transformation with a focus on intercultural and inter-faith dialogue, equality, peace and conflict resolution.
- Promote sport volunteerism as a way to develop skills of youth also in view of future employment opportunities in the sport field, including but not limited to the organisation of major sporting events.
- Deliver training action plans on social development through sport for the following target audiences:
 - Young sport volunteers to help them implement social inclusion activities grounded on their knowledge of sport and its values.
 - Youth leaders and civil society activists, not necessarily familiar with sport, to help them to achieve their objectives in fields such as the prevention of radicalisation, dispute resolutions and inclusion of most vulnerable persons.
- Analyse existing normative and practical conditions and formulate policy recommendations to promote sport volunteerism at the international, regional and national levels.



Co-funded by the
Erasmus+ Programme
of the European Union

Empowering Youth Volunteers Through Sport

Inspired by Save the Dream, EYVOL is coordinated by the International Olympic Truce Center (IOTC) and jointly implemented with the “Comité Olímpico de Portugal (COP)”, the “Comitato Olimpico Nazionale Italiano (CONI)”, the International Council for Coaching Excellence (ICCE), the European Platform for Sports and Innovation (EPSI), the European Non-Governmental Sports Organization - ENG-SO Youth, the “Université Paris 1 Panthéon-Sorbonne”, the “Universitat de les Illes Balears”, “Fundación del Centenario del Sevilla FC”, Orama Neon – Youthorama and garagErasmus Foundation.

The United Nations Alliance of Civilizations (UNAOC) and the Association of IOC Recognized International Sports Federations (ARISF) are official supporters of this initiative, which also envisages the participation of Roma Cares Foundation and Al Sharq Forum.

The project officially started its activities on 22 January 2019, in Athens and was announced for the first time from the United Nations Headquarters in New York in November 2018, on the occasion of the 8th Global Forum of the UN Alliance of Civilizations.

The first group of internationally recruited EYVOL volunteers have been deployed in Doha at the 2019 IAAF World Athletics Championships, while the first outcome of the analysis of Best Practices on Volunteering for Social Inclusion Through Sport will be presented on 26 November 2019 at the First International Conference on Sport Volunteerism hosted by the Sorbonne University in Paris.

Over 13 million Europeans taking part in EWOS 2019

First of all, Panathlon International with dozens of activated clubs

Meeting on European Week of Sport 2019 in Budapest P.I. was represented at the closing meeting and award ceremony of the 2019 EWOS in the capital of Hungary.

Mr. Yves Le Lostecque Head of Unit Sport of DG EAC welcomed representatives of the EWOS Partners and National Coordination Boards and congratulated all the participating countries and partners for again a strong edition of the EWOS.

Since the first edition 2015, EWOS has become a major success.

Over 13 million European citizens participated at the 2019 EWOS. The EC is happy with the outcome of this 5 years trajectory and encourages partners and national coordinators to expand their participation and efforts.

Mr. Le Lostecque invited the participants to share experiences and to evaluate the implication of countries and partners in EWOS in a brief round of discussion about the importance and the role of ambassadors. Also, the role of the partners was subject to interesting exchanges.

Paul Standaert, EU representative and International Board Member, described the positive evolution in P.I.'s partnership that started with a major event to promote the duties of parents in sport in 2015, to the actual situation where more than 20 Panathlon clubs organized local events for a large public and on different topics. M Standaert underlined the importance of this partnership for P.I. and the way Panathlon members being able and capable to support the #beactive movement within Europe.

It is important to continue and develop this partnership as it is a gateway to connect with the EU community, and a larger network of experts and sport leaders, and mutually taking care of more ethical, fair and healthy sport for all.

Later that evening at the gala dinner, Commissioner Tibor Navracsics handed over the EWOS 2019 awards to winners in the 3 categories: education, employment and local hero.

These awards not only reward remarkable efforts and success but also stimulate all participants to challenge themselves for coming editions of EWOS.



EWOS 2019: the challenges continue...

We continue with the publication of the main stories about the events of the clubs taking part in EWOS 2019 - the European Week of Sport

Biella - The hope and friendship race



The Biella Panathlon Club took part in the 5th European Week of Sport, accepting with enthusiasm Panathlon International's proposal. With the cooperation of the members, the management Board wanted to draw attention to the female world and to solidarity and support for research. The activities were recognised by the Italian Prime Minister's Sports Office.

The Women and Sport Commission of the Club worked at an important activity with the purpose of sensitizing the world of women and bringing it closer to the practice of sport. The female members of Panathlon rose to the occasion and entrusted themselves to the expert hands of photographer Stefano Ceretti, having themselves be put on show with their professional equipment, proving personally how much sport had enriched and brought significance to their lives.

With great passion and courage, the ladies of sport of Biella wanted to broadcast an important message: practising sport means physical and mental health, it is lifestyle, it is personality and freedom. The show consisted of a collection of 19 portraits and of historical pictures of female sport in the nineteen-sixties and

seventies, all from the rich files of the Fighera photographers. It was held in the conference hall of the Edo Tempia Foundation in Biella, which supports medical research. In an interesting round table, Dr. Adriano Paduos coordinated as moderator the contributions of the personal trainer Antonella De Palma, of the former Olympic athlete Beatrice Lanza, of the National Health Service gynaecologist Manuela Rosa, and of the psychologist Patrizia Tempia, all experts on the subject of the benefits of physical activity in the lives of women. The hall was crowded. Many women had come to listen to and appreciate the words of various different experts, all agreeing that sport, modulated in terms of intensity and involvement depending on one's age, can not only prevent important illnesses but also accompany work through the various stages of their lives, exalting their gifts, their strength and their femininity.

On the following Sunday the same women, but now joined also by many other people, about 850 runners, took part in the Hope and Friendship Race, organised by the Edo Tempia Foundation with the help of the Biella Panathlon Club and the Biella Piazza Inner Wheel organisation.

The changeable weather and the already autumnal temperatures did not discourage the lovers and enthusiasts of running, joined also by many families, children and normal citizens, from tackling the 5 kilometres of the ring road round the town, starting from and returning to Piazza Vittorio Veneto. The aim of spending a Sunday practising physical exercise and, at the same time, supporting cancer research was definitely achieved. There was satisfaction in the Biella Club for the events organised and the success reached, and for the visibility obtained by Panathlon in exalting its values.

Catania - Rugby and the Istituto Pestalozzi

The Panathlon International Club of Catania, with the cooperation of both the ASD XXIV Maggio 1915 of Catania and the Catania Amatori Rugby association as well as the Istituto Omnicomprensivo Pestalozzi organised

an event called the Ewos 2019 Week of Sport, in accordance with Panathlon International's indications.



Chiavari-Tigullio - Memorial celebrating Carlo Parpaglione

TIGULLIO – The second edition of the female basket-ball tournament in memory of Carlo Parpaglione, a prominent figure in the local sports world, was played in the gym of the Tigullio Park in Lavagna. It was won by the Laura Spezia team, Polysport Lavagna coming second and Meeting Genova third.

The occasion was to remember the great passion and commitment to sport of Parpaglopme who, among his various assignments had also been President of the Tigullio Chiavari Panathlon Club.



Genova Levante -Derby Genoa-Sampdoria for athletes with disabilities

Thanks to the initiative of the Genova Levante Club, the sixth edition of the Genoa-Sampdoria derby football match for disabled players, organised by the Genova Levante Panathlon International Club, was held. The match was played on the "Don Bosco" field in Quarto, since the Bogliasco and Pegni fields were both unavailable because of works being carried out on them.

The two teams, both members of the Quarta Categoria Figc, were Divertime ASD and BIC Genova, twinned with Sampdoria and Genoa respectively.

This friendly match was an enjoyable starter for of the championship for athletes with cognitive and relational disabilities. It was a particular derby for special youngsters, in which the red-and-blue and circled blue colours of their uniforms were blended into a single colour: that of loyalty, of enjoyment and of integration. True fair play.

"More than last year, the happening was reconfirmed as a party shared by all, with the sports and other organisations functioning in this field, brining their members to the fields to watch the matches and then enjoy the refreshments after them. The organisers of the Genova Levante Panathlon Club, Divertime and BIC Genova, stressed how the presence of players, families and supporters was found to be very gratifying and constituted an extra prize for these athletes, no less willing and committed than normally gifted youngsters. Because even a derby match makes life better.



Gent - European Week of Sport. The GO!



Responding to the call of Panathlon Gent, the GO! Gent Group of schools started the week of 23rd September with a sports activity and participated as such in the European Week of Sport.

13 primary schools and over 4000 pupils enjoyed starting their new week of school with an enjoyable period based on sport.

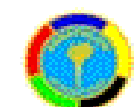
Panathlon IB member Paul Standaert was interviewed by the local press to describe how this initiative fitted into the partnership of P.I. with EWOS.

The GO! Schools of Gent organized the sports promotion jointly with Panathlon International of Gent, a network platform for sports ambassadors. "We support the importance of equality in sport. It is important that all children have equal opportunities to exercise.

"This joint moment at all schools fits in with that philosophy", said Paul Standaert, Board Member of Panathlon International Gent and chairman of the Board of Directors of GO! Group of Schools of Gent.

Gent - 2019 European Week of Sport

Once again this year Panathlon International Gent organized a sports activity for young and old in the context of EWOS. Families of bikers rode for a distance of 40 km while walkers followed paths of 6 km. At the end of the morning, family gatherings and common lunches were planned.



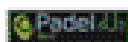
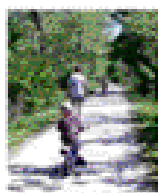
to be celebrated in 2019, the European Week of Sport, Panathlon International, together with EWOS, and you invited Sunday morning races of the September 2019.

A month in the past, Panathlon International, a Panathlon International, is a member of the European Week of Sport, a network platform for sports ambassadors. It is important that all children have equal opportunities to exercise.

European Week of Sport, a network platform for sports ambassadors. It is important that all children have equal opportunities to exercise.

European Week of Sport, a network platform for sports ambassadors. It is important that all children have equal opportunities to exercise.

With sports greetings



Lecco - European Week of Sport, the Great Challenge of Lecco Panathlon is back!

Promoted by the Panathlon Club of Lecco, again this year during the European Week of Sport there was "The Great Challenge", announced by the European Union. Twelve teams took part, the members of which were drawn one hour before the start, in order to increase even more the athletes' excitement while getting to know their team members.

The specialities of this edition were road bikes, moun-

tain bikes, cross-country running, ski-rolling, horse-riding and paragliding. As always, protagonists of the last walking part were the "Special Olympics" of the Le Grigne Cooperative, following - together with their teams - a path of 200 metres.

12 teams consisting of 7 athletes each for a total of 84 competitors followed paths traced around the Trote Blu Cascina of di Primaluna in Valsassina.



Messina - 2019 edition of Parolimparty

The activities of the Messina Panathlon Club have resumed, with its participation as the promoting organisation, in the 2019 edition of the Parolimparty, a giant convention of beach sports, open to everyone and founded with the intention of promoting and spreading the practicing of sport among people with disabilities, as a tool of integration and social inclusion. It was held at the Lido Open Sea AISM facility in Milazzo.

The event, organised by Mediterranea Eventi ASD, was included by Panathlon International in the list of events of the European Week of Sport, recognised by the Prime Minister's Office for Sport.



Molfetta - The sea, life and sport

The day that saw the Panathlon Club of Molfetta taking part in EWOS 2019 was wonderful and unforgettable, and gave life to an event that will certainly remain in the memories and hearts of those participating in it. The topic chosen was "The sea, life and sport", and it saw the presence of a wide range of Panathletes with family members, subsequently joined by a large number of citizens (especially youngsters and children).

The event called for a walk along the Molfetta waterfront to reach the local headquarters of the "Lega Navale" (taking part in the event) and board boats placed at disposal by the latter, so as to fish the plastic objects present on the surface of the water of our port. The enthusiasm for this novelty was catching and everyone climbed onto the boats, experiencing a day enabling them to fish plastic (not much, to tell the truth), in favour of the cleaning of our sea and see the beauty of our city from the sea.

This experience was beautiful, thanks also to the favourable weather conditions, and the Molfetta Panathlon Club must definitely thank the Lega Navale for the cooperation it provided, as a precursor of further and profitable meetings, as well as the worthy crews of the boats that loaded members and fans.

We feel that the aims of EWOS were met in full, as shown also by the final talks by the President of the Lega Navale Felice Sciancalepore and that of the Molfetta Panathlon Club Angelantonio Spagnoletti. These came just before the prize-giving for the teams who had collected the greatest amounts of plastic.

The day ended with a friendly meeting during which the participants had the opportunity to taste delicacies from the sea of Molfetta, and above all to talk about their experience and the marvels of our city seen from the sea.

Naples - The gulf, between competitive events and wellbeing

The event organised by the Naples Panathlon Club at the Posillipo Club on the topic "The gulf, between competition and wellbeing" gave rise to much interest. It was one of the activities of the fifth European Week of Sport - BeActive, in the wake of the promotion of sport for all ages introduced last year with an event on football and walking basketball.

The evening coordinated by the President of Panathlon Naples Francesco Schillirò, was attended by the professional golf-player Vittorio Andrea Vaccaro, author of the book "Amo lo sport" ("I love sport"), and Ms Maria Natale, teacher of medieval and modern history at the institutes UniPegaso and UniMercatorum.

Novara - Panathlon and San Giacomo - a baskin challenge

Baskin is a sport that is a perfect example of inclusion, at all levels.

During the European Week of Sport the Novara Panathlon Club, thanks to the cooperation of the Polisportiva San Giacomo association, chose to promote baskin, which allows normal and other athletes to play basketball together, all at the same time.



Piacenza – sport for the benefit of the “La Casa di Iris” hospice



Sport in Piacenza: originated by an idea by Panathlon, Piacenza took action for the Hospice “La Casa di Iris”. 24 different sports were played in several places, in a non-stop 24-hour event that was unique in the history of Piacenza. From 3.00 p.m. of Saturday 14th until 10.00 p.m. of Sunday 15th, most of the events were held inside the town while for three events they were outside it but still in the province. These events were in cooperation with CONI Piacenza and under the patronage of the European Commission.

Siena – Panathlon Walks – 2nd Edition



The Siena Panathlon Club organised the 2nd edition of Panathlon Walks, a walk inside the city walls of Siena, free of charge and non-profit-making. This year its title was “Green Areas and Hidden Sources”. The whole distance of the walk was about 6 km.

The event was organised jointly with the Association La Diana and with the contribution of the bank CRAS – Credito Cooperativo Toscano, in the framework of the European Week of Sport, thanks to the initiative of Panathlon International and di BeActive European Sport of the Week – and the Prime Minister’s Office.

Throughout the walk, those taking part were followed by an official guide belonging to the La Diana Association, who planned stops aimed at illustrating the history and the anecdotes of the various green area of the town, with particular reference to some little known pla-

ces situated in private properties and that are therefore normally not open to the public.

At the end of the walk a lunch was held for the walkers at the Orto De’ Pecci.

Everyone attending received a T-shirt celebrating the event to promote in full the values of Panathlon and the meaning of the event, with the contribution of the CRAS Credito Cooperativo Toscano bank.

Savona – Inauguration of the Felice Levratto Plate



The plate wanted by our “Carlo Zanelli” Club of Savona to remember the famous athlete and prodigious footballer Felice Levratto was inaugurated at the Zinola football pitch in Savona.

It was installed in the presence of Maurizio Scaramuzza, Councillor for Sport of Savona, by our Club President Enrico Rebagliati, the Provincial CONI Delegate Roberto Pizzorno, the family members of Felice Levratto, the representatives of the worthy Sports Associations and representatives of the players and managers of the teams involved (Savona Calcio, Vado Calcio, Priamar Calcio 1942 and Veloce Calcio, the teams for which Levratto had played).

The board members of the Savona Panathlon Club and the provincial delegates of the various sports federations were also present at the ceremony. After the plate was displayed and the authorities had spoken, President Rebagliati delivered to the teams present a copy of the “Carta dei diritti dello Sportivo” (Charter of Sportsplayers’ Rights) and a diploma thanking those who had taken part in the act of friendship among the teams to remember the “net-breaker” Felice Levratto. Then the company managing the field provided a snack for the young athletes.

Trapani – A procession and a local festival

For the second year running the Panathlon Club of Trapani organised an extraordinary event involving thousands of schoolchildren, the Prefecture, various official organisations, CONI (the Italian National Olympic Committee), the Italian Paralympic Committee, the Police, the Armed Forces, the Fire Brigade, the Regional Sports Office, the Italian Blind People’s Union, AVIS, the Italian Red Cross, INAIL (the National Institute for Insu-

rance against Accidents at Work), the Emergency Health Service (118), and many citizens.

For the occasion, messages were received from the Italian President Sergio Mattarella and from the Minister for Policies for the Young and for Sport Vincenzo Spatafora, both read by the Prefect of Trapani, then the Italian Paralympic Committee that sent the Ambassador Roberto Cavicchi to express the greetings of Luca Pancalli; the Italian District of Panathlon International – which sent the Deputy President Roberto Pregadio; the Regional Councillor for Health And the Regional Councillor for Sport.

Considering that the day of the event was also the Earth Planet Health Day, we included in our long procession also the representatives of Legambiente and Club Alpino Italiano, who paraded with us using their own banners and flags.



What is more, the helicopters of the "CSAR" centre of the Italian Air Force of Birgi flew over the site of the event (in the 2018 edition they had also presented a suggestive demonstration of a helicopter rescue service with transport and assembly of a field hospital).

Shortly before the event the Prefect of Trapani had received the head teachers of the local schools to whom he expressed, together with the Mayors, the Armed Forces and the Police, best wishes for the start of the new school year and a message to stimulate the students in the spirit of BeActive.

Several sports associations, including Calcio Trapani ("Serie B" category football) and Pallacanestro Trapani ("Serie A" category basketball), also attended with their athletes, who met the students and played their sports with them.

Street artists, groups of musicians, Latin dancing, aerial dancing and many other activities enriched the day. The soldiers of the 6th "Bersaglieri" Regiment of Trapani set up areas in which they showed off their gymnastic skills with a circle of fire and a demonstration of a Military Combat Method. For the youngsters, the Fire Brigade organised climbing wall.

The event took place partly in Trapani's "Villa Margherita" Park and in the large Piazza Vittorio Emanuele square where, (in both sites) stages were built for the exhibitions and many stands were organised by our partners.

Trieste - 3rd edition of the Tournament named after Giorgio Tamaro

The 3rd edition of the tournament named after Giorgio Tamaro was held at the Trieste Skating Site. This was a show of figure skating organised according to the panathletic principles of sports ethics and fair play, precisely in order to remember Giorgio Tamaro, who was first Deputy President and then Presidente of the Panathlon Club of Trieste in the two-year period 2002-2003.

In addition to his important roles in the field of the Fair and Chamber of Commerce of Trieste, Giorgio Tamaro had also created for Panathlon Trieste "El mulo de Oro", a prize introduced in order to honour people who had brought fame to the name of Trieste in Italy and in the world. He also inspired, together with the Rotary Club of Muglia, the initiative "Sport and Culture" for showing off the values of the youngsters standing out most for their sports activities and scholastic results.

During the course of the whole day, over 100 young skaters aged between 3 and 11, members of Società del Pattinaggio Artistico Triestino, of A.S.D. Roll Club Pavia di Udine and of A.S.D. Roller School Pattino d'Oro of Cervignano, showed off their skills in a gripping and unusual competition between teams, giving rise to a day of great enjoyment.

Thanks to Panathlon, everyone taking part received rewards. Cups were assigned to the best athletes and the youngest, and the Trophy for this third edition was won by the A.S.D. Roller School Pattino d'Oro of Cervignano.

The prizes were handed out by the President of the Trieste Panathlon Club di Trieste, Andrea Ceccotti, by the Deputy President Annunziato Minniti and by his wife Mrs Antonella Pavan.

The Chairman Ceccotti wanted to thank the PAT for the usual and kind hospitality and for the splendid way in which the event was organised, as well as the other Companies for taking part, and congratulated all the young skaters for their great performance and the considerable technical skills shown by them.

He also recalled that this year the event is part of the European Week of Sport taken care of by the Prime Minister's Office for Sport on behalf of the European Commission.



Thanks to “special Olympics” A sport that colours a life

by Tiziana Agostino

My name is Tiziana Agostino and I am the mother of a boy just turned 18, Christian Panetta. When I decided to become a mother, I dreamt of the birth of a beautiful boy, blond-haired and blue-eyed, a champion in sport and a genius in his studies. Then, due to who knows what divine purpose, this did not happen and a boy was born with problems to be dealt with that I as a mother and even the whole family did not know how to handle.

The first step is certainly a sort of delusion, although I do not know how to explain this properly. Then come the questions. Why me? You cannot accept the situation and turn to all sorts of specialists with a hope that someone will tell you that what you will experience is not true, that they are all wrong and that everything is all right. After so much running around here and there, you start to change your life, to understand so many beautiful things and to fall in love with your child and his disability. You choose what is certainly the most difficult path: to roll up your sleeves and to fight to improve your son's life and to improve with him”.

I started to go to courses in order to understand what disability was. Nowadays my son is my whole life, although there were and there will always be plenty of difficulties. With determination, tenacity and plenty of love, my son has changed me. He has taught me self-respect and that for others, Love that reaches beyond all limits and all diversities. And I understood that even I was chosen and that first of all it is I who must not consider him different, otherwise how can I expect other people not to do it? The life of a family including a child with intellectual disabilities is different. More physical energy is needed, more psychological energy and – yes, indeed – more financial resources, but we live wrapped up in a Love that has no equal. At school inclusion certainly does exist, but outside things are far more difficult.

Christian and school

Christian's school mates love him. They ask me questions and I realise that often they do not know what intellectual disability is. Often not even the doctors or the therapists really know how to behave. I have never liked pietism. I feel that the whole community has to choose to stay alongside my son. We never want a sort of constraint, but for this to happen training courses are needed, knowledge is needed. The future is the only thing what worries me, what happens after us. I hope that in future my son, too, can have a job to feel himself “busy and useful”.

Christian and sport

The sport and activity carried on by Special Olympics acquire a fundamental role for our children and for us parents. I believe that motor activity is the basis of cognitive development and of physical and psychological wellbeing.

Unfortunately we often do not find the right opportunities and facilities, and the technical personnel often do not have the training and the will to deal with our children, inventing excuses for avoiding them. The meeting with the Special Olympics was a great surprise that gave us a lot, apart from the sport-related aspect. Christian goes swimming, and he also trained in skiing at Sappada and is following a path of independence.

Seeing my son taking a trolley on a plane or eating on his own is already a victory.

Then there was also the medal: his eyes sparkled. Christian's self-esteem is low and it was very important for him. It is also good for him to be together with other people, even if he does not like contact much and has to trust people a lot before letting go. He still has not understood very well the sense of competing, but the important thing is for him to have fun and to improve his wellbeing. Christian does love music, he likes running and moves constantly. He has an intellectual and relational disability but is not autistic. I do not like ghettoisation and for this reason I have never wanted to belong to all sorts of associations.

Special Olympics, on the other hand, opens up to the world, even accepting in its unified sport athletes having no intellectual disabilities and taking in families and thousands of volunteers. This is real inclusion, involving schools and for teaching children the value of respect. We do our utmost. I believe in my son. Up to the present time I can say loudly that I would not have wanted a blond-haired blue-eyed boy, and I wanted exactly him, my own Christian, who has taught me what love is.



In Sofia our commitment for clean and ethical sport

The Board Member Paul Standaert represented Panathlon at an international summit prooted by the European Commission

Panathlon International's antenna in Brussels was successfully represented at different events organized by the EU DG Sport. As the objective of P.I. is to develop a regular participation of Panathlon and Panathlon members into the development of ethical values in sport at an international level it is the aim and role of IB member Paul Standaert to focus on the European level.

Mr. Standaert was invited to the meeting of EU Expert Group on Integrity in Sofia, Bulgari on 12 and 13 November 2019. Members of this group are international experts in the field of the struggle against Sport manipulation and match fixing. The Bulgarian Ministry (Mrs. Racheva -Slavkova Director Eu programmes), hosted the meeting and welcomed Counties and Governments of EU states Denmark, Finland, Slovakia, Italy, France, Spain, Portugal, Malta, Hungary, Lithuania, Estland, Netherlands and more participated.

National and International organizations are invited to the Expert Group as observer and are welcome to share experiences and insights on these topics.

Observers represented sport unions, Interpol, SIGA, UNODC, ENGSO, Digital Sport Rights, FIFA, UEFA, International Betting Integrity Association and also Panathlon.

The meeting was chaired by Mr. Le Losteque Head of the EU unit Sport. He expressed the great interest of EU to the topic of good governance and match fixing and promotes applications to Erasmus + projects in the framework of the combat against match fixing.

For 2019 only 7 applications on the 260 granted are based on anti-match fixing.

Therefor EU calls for new projects on the topic. The next deadline for 2020 application is April.

Panathlon International is a collaborating partner in a 2019 project EPOSM, a initiative of the University of Gent in collaboration with the universities of Loughborough (UK), Lausanne (CH), Utrecht(NL), and also IRIS (FR) VMIS (Austria) Stichting CSVF (NL) The antenna of P.I. in Brussels will take care of the coordination for P.I.'s role and input in this project in collaboration and support of the Panathlon EU club.

In Sofia, Mr. Standaert was able to represent Panathlon and to connect with the participants and specifically to representatives of Bulgari and Greece. Both expressed a sincere interest in Panathlon's work and values, and they will study the possibility to start a Panathlon activity in their country.

Mr. Luciano Di Fonzo of EACEA reported the latest status about Erasmus + and shared some statistics on the evolution since 2014.

2014 – 40 projects

2019 – 260 projects selected upon 700 applications, for a total grant of 55 million EURO.

On the agenda of the meeting was an overview and status of the work realized by the expert group (already 4 meetings) It's final report and recommendations is to be finalized in the next days.



ETHICS, CULTURE AND SPORT

Thoughts of the president Giorgio Costa on the fundamental values

In a recent interview, Giorgio Costa, President of the Italian District of Panathlon International, brought up his thoughts on the relationship between Culture, Ethics and Sport.

Culture is knowledge and is therefore knowing, a wealth of cognition acquired in the formation of individual action and on the basis of a set of symbols (e.g. one's flag) and of models of behaviour. It is also values, and what culture allows one to have is the potential for expressing them.

Ethics, of which education is the entrance key for getting to know it, mates with culture and makes you accept victory and defeat. What is more, in its relationship with sport, it is the set of imperative moral rules such as: fair play, loyalty and togetherness of play, without the deception of doping. Furthermore, rules make the game an element of civilisation, demanding a natural equality of all the participants. It is competition when it becomes a fight and comparison, and gives rise to the notions of victory, performance, records and positivity.

Defeat gives rise to notions of negativity, even if not absolute, due to the lessons that can be gained from it.

Adoption of its code is threatened by a predominance of interests in various fields, e.g. in doping and in the abnormal behaviours of some individuals.

It is in this context that Panathlon, with its Fair Play Charter, the Gand Charter and the Charter of Parents' Duties, has drafted and signed clear rules of behaviour. It works with its clubs to promote integration, socialisation and mutual respect (what a great noun "respect" is), with the culture of ethics, the experience of its members, whether sports champions, managers, persons who as volunteers place their knowledge, their passion and their charism at the disposal of society".



Sport as a game starting right from nursery school

An experience that has already encountered success in primary schools is being launched again

The “playing sports” initiative, promoted by the town of Cremona (in the field of Educational Policies) jointly with the Local Schools Office and the Cremona Panathlon Club, and with the participation of the provincial section of CONI (the Italian National Olympic Committee), will be extended for this year, on an experimental basis, also to the “Sa Giorgio” municipal nursery school. This decision followed the positive findings by both teachers and parents, also in view of the always enthusiastic reactions on the part of the children attending primary school, for whom this activity had been intended so far.

Playing sport in order to learn, a project of which the fourth edition was applied this year and intended initially for primary schools, is centred on the growth of the educational and training dimension of the students, with proposals for games connected with different sports and, more in general, with spontaneous movement as a basis for multiple motor experiences preliminary to harmonious gestures featuring awareness. The contribution of the sports associations involved in this pathway was significant.

This activity, which has now become consolidated, sees the participation, for the school year 2019/2020, of the third, fourth and fifth-year pupils of 23 classes of several primary schools in Cremona for over 750 students. The initiative also involves the parents of the children and the teachers of the classes taking part, everyone joining in the work and all the social realities in which the schools are active. This year, also, on an experimental basis, some very young children attending the San Giorgio kindergarten were also added. The activity presented by the professional instructors working in synergy with the school teachers is characterised by proposed proposals for play, aimed at educating the children to manage their emotions and to respect rules and their friends.



Above all, however, it is able to activate motor, perceptive, linguistic and logical skills, essential for facing the process of learning to read and write and all the logical and mathematical operations preparatory to primary school, as explained by the Councillor for Education Maura Ruggeri, who added:

“This is why we thought of adding this activity also in kindergartens, experimenting this project with five year-olds”.

“Physical education, conceived and evaluated as above”, declared in turn the Councillor for Sport Luca Zanicchi, “is an occasion for promoting cognitive, social, cultural and affective experiences able to help children in the process of growth, maturing and development. Through the many different expressions of the activities of movement, each pupil can indeed explore space and time, getting to know their bodies and communicating and relating with others”. The fruitful cooperation between the Panathlon Club and the Municipality of Cremona, with the Councillor’s Offices for Education and Sport, continues thanks to the precious support of the Educational Policies Service that, also by means of projects in the fields of movement and sport, maintains and encourages the development and spreading of education of a fair and inclusive quality.

There are three sports associations that will work with the children of the San Giorgio kindergarten: Kodokan Cremona with Benedetta Sforza, Gymnica Cremona with Sonia Rossi and Sported Maris with Matteo Morini and Alessandro Costa. The activity, which was started in February, will last until the end of June, pointed out Giovanni Radi, Past President of the Cremona Panathlon Club and technical designer of the proposal.

All the activities will be monitored and, at the end, there will be a meeting with the teachers and families to investigate the possibility extending this initiative also to other schools in coming school years.

Panathlon's commitment for protecting the seas

Signature of the "Charta Smeralda" and a convention with "Once Ocean"

Mr Pierre Zappelli, the President, together with Mr Riccardo Bonadeo, Executive Deputy President and legal representative of Once Ocean, have signed a Cooperation Agreement according to which Panathlon undertakes not only to sign the "Charta Smeralda" but also to cooperate for its circulation.

It is an ethical code having the aim of sensitizing the public opinion and all the operators for tackling the most pressing problems relating to the oceans and marine and coastal ecosystems. It has the purpose of defining concrete and immediate fields of action, focussing on solving the problems.

The Charta Smeralda addresses mainly those who love the sea and people who experience it for sport and as a passion, and the facilities that promote and support the related activity.

Panathlon International, being an international movement with the aim of up-holding the ideal of sport and its ethical and cultural values as a tool for training and raising people, and of solidarity and peace among persons and peoples, could not remain indifferent to this initiative.

So the idea, promoted by the Mestre Club and by the Governor of the Veneto Area, to sign an agreement for cooperating in order to protect our Seas and Oceans, the mothers and cradles of our Planet and of our life, and also of the sports activities taking place in them, was originated.

This is really an important step that also has the purpose of increasing awareness of the current situation and the risks being run by our marine and coastal ecosystem, an environment that our survival, too, depends on. Rapallo, where Panathlon International has its headquarters, and also many other towns and harbours all over the world, have already experienced the violence and the enormous damage that the imbalances of ecosystems can cause, and we are only at the start of things.



CHARTA SMERALDA

The ocean has a fundamental impact on the planet Earth. It governs its climate, creates the conditions for human life, defines the communities and offers vital benefits for human health. It covers 75% of the earth's surface and contains 97% of all the water of our planet. The ocean is however under threat. Climate change, water acidification, the loss of biodiversity, pollution of the sea and the excessive exploitation of resources are just a few examples of the urgent problems affecting all of us. We need new technical solutions, a transformation of our society and new cooperation and partnerships. Solutions and activities having a scientific foundation have to be proposed by our decision-makers and shared, implemented and accepted by all fields of society: we must all do our bit.

One Ocean Forum's goal is to promote the conservation and sustainable use of our marine resources, helping the industry and society to understand better the impact of our actions on the climate, on the ocean and on our wellbeing, focusing in particular on four pressing problems;

- RUBBISH AND POLLUTION OF THE SEA: waste resulting from human activity, microplastics and microbeads, eutrophication and toxins.

- Global and climate changes; warming up of the temperature of ocean surfaces causing hurricanes and flooding of the coasts, rising of the sea level and tides that destroy plains and increase acidity.

- BLUE TECHNOLOGIES AND INNOVATION: more intelligent and more ecological technologies must be implemented in well-known maritime fields of the economy, increasing the public's scientific awareness.

- OCEAN LITERACY: Allowing citizens, economic operators and stakeholders to make responsible decisions based on proper information with regard to marine issues and increasing acceptance of policies on this subject.

The CHARTA SMERALDA defines a series of principles and initiatives that private individuals and companies can recognise, share and accept as commitments through individual and collective actions and behaviour.

PRINCIPLES AND COMMITMENTS: PEOPLE who love the sea and pass time on the water for pleasure and or professional activities undertake to protect the oceans, seas and coastal areas by means of the following activities:

- PREVENTING POLLUTION OF THE COASTS AND SEAS CAUSED BY FUEL, DISCHARGED WASTE AND CHEMICAL PRODUCTS.

- REDUCING POWER CONSUMPTION AND THE CARBON FOOTPRINT, AND ADOPTING RENEWABLE ENERGY.

- MINIMISING THE USE OF NATURAL RESOURCES, PROMOTING RE-USE AND RECYCLING.

- PROTECTING AND PRESERVING NATURAL AND MARITIME HABITATS.

- PRESERVING WATER RESOURCES.

- ELIMINATING DISPOSABLE PLASTIC.

- SUSTAINABLE AND RESPONSIBLE BEHAVIOUR.

- COOPERATING AND SHARING WITH OTHERS.

- HAVING AN ACTIVE ROLE IN THE PROTECTION AND RECOVERY OF SEAS.

- SUPPORTING THE SCIENTIFIC COMMUNITY.

- EDUCATING AND INVOLVING THE NEW GENERATIONS.

- PROMOTING AWARENESS AND COMMUNICATION AND CIRCULATING KNOWLEDGE OF THE CHARTA SMERALDA.

PRINCIPLES AND COMMITMENTS: ORGANISATIONS THAT PROMOTE AND SUPPORT MARITIME ACTIVITIES (yacht clubs, marinas, etc.) have a commitment to sustainable activities through the following actions:

- MANAGEMENT IN ACCORDANCE WITH THE PRINCIPLES OF SUSTAINABLE DEVELOPMENT AND ENVIRONMENTAL PROTECTION POLICIES.

- ADOPTION OF AN ENVIRONMENTAL POLICY AND AN ENVIRONMENTAL PLAN FOR MINIMISING EVERYBODY'S IMPACT ON COASTAL AND MARITIME ACTIVITIES.

- TAKING OF RESPONSIBILITY AND APPLICATION OF TRANSPARENCY THROUGH EVALUATION AND MONITORING OF THE ENVIRONMENTAL IMPACT.

- ADOPTION OF BEHAVIOUR, TECHNOLOGY AND SOLUTIONS THAT REDUCE ENVIRONMENTAL IMPACT.

- COOPERATING ON IDEAS, SOLUTIONS AND BEST PRACTICES AND SHARING THEM WITH OTHERS.

- EDUCATING, COMMUNICATING AND INVOLVING THE NEW GENERATIONS.

- SUPPORTING THE SCIENTIFIC COMMUNITY AND ITS INITIATIVES AND THE COLLECTION OF DATA AND INFORMATION.

- PROMOTING AWARENESS AND COMMUNICATION AND CIRCULATING KNOWLEDGE OF THE CHARTA SMERALDA.

"From the football championship to Auschwitz"

The Domenico Chiesa Award was given to Marani

A sumptuous prize-giving ceremony promoted by the renewed club among a group of champions

At the instigation of the Milan Panathlon Club and of the La Malpensa Panathlon Club, and thanks to Fabriano Gerevini, Governor of Area 2 - Lombardy, the Deputy Director of Sky Sport Matteo Marani was given the "Domenico Chiesa Award". This is the important recognition that the Panathlon International – Domenico Chiesa Cultural Foundation assigns to a person – whether or not a panathlete – who has contributed significantly to the circulation of panathletic ideals and the culture of sport. Gabriele Gravina as President of the Italian Football Federation (FIGC), the world champion Antonio Cabrini, Oreste Perri as President of CONI Lombardy and the journalist Matteo Marani took turns on the stage in the hall of the Hotel Meliá. Marani was at the centre of the evening thanks to his book "Dallo scudetto ad Auschwitz" (From the Football Championship to Auschwitz), the story of the Jewish trainer Arpad Weisz.

With appropriate splendour Filippo Grassia, President of the Milan Panathlon Club, conducted the talk show masterfully, pressing President Gravina to talk about issues relating to racism in sports stadiums and the reforms that the Italian Football Federation (FIGC), guided by him, is promoting with a clearly cultural emphasis as well as from a technical point of view. So there was talk about the fans' new idyll for the Nazionale maggiore thanks to the guidance of Roberto Mancini and to the staff in Coverciano. On the specific subject of racist and violent behaviour in stadiums, Gravina ensured that efforts are being made to identify precisely the single parties to blame for this. Among the novelties being introduced, the FIGC can boast that it is the first and only national football federations to launch the experimental project of football for "special" boys and girls. This project is under the guidance of Antonio Cabrini.

Matteo Marani has a degree in history and a profound knowledge of the dark period that led the Italian people, who had never experienced such feelings before, to become officially racists, following a path leading to the infamous racial laws of 1938. He therefore investigated the effects of this on the world of sport. For the whole second half of the twentieth century, and as Marani himself had once thought of it, the Shoah had

been considered an atrocity but that did not involve directly.

Through a strict research into the history of the period and on the basis of episodes of common life in the district in which he lives in Bologna, he has understood fully just how much that horror involved us closely.

"It is no coincidence that this evening occurred just a few hours after the celebration of the Holocaust Remembrance Day" said Marani, "as only the awareness and the responsibility of each of us can ensure that it will never happen again".

Gerevini as the Governor read the following explanation: "With his book on the odyssey of the trainer Arpad Weisz, killed by the nazis with his wife and two children, and with the subsequent documentary film on the racial laws, he induced Malagò, president of CONI, to apologise to the Italian people and Italian Jews in particular, for the behaviour of those members of the CONI who, during the fascist period, followed the racial laws causing them to exclude hundreds of Hebrew athletes from sport and



sentencing them in many cases to cruel consequences". When handing over the parchment explaining the award and the gold brooch of the Domenico Chiesa Award, Gerevini stated just how important this prize was for circulation of the knowledge of Panathlon and of sport-related culture.

"The Foundation is that of the Panathlon Clubs and is

at their service”, recalled its secretary Maurizio Monego, remembering briefly its aims and how it worked. “Sport is not an island, and “remembrance, something very different from a memory, serves to induce us to study history. For this reason it is a pleasure and an honour to count Marani among the receivers of the Domenico Chiesa Awards.”

Who recalled the nature of Panathlon and its cultural and educational commitment was the International Past President Giacomo Santini. With his verve, typical of a long-term sports journalist working for RAI with which we are all familiar, he mentioned the panathletic papers and the writing contest launched among the youngsters,

for which prizes were recently awarded in Lausanne. In starting to speak, the President of the Italian Panathlon District recalled the ethical aims of the Panathletic movement and how much this commitment corresponds to the social value of sport, mentioning Kobe Bryand.

Lastly, President Gravina, Oreste Perri and Antonio Cabrini spoke of appreciation of Panathlon’s role in the framework of CONI and in society, as a bastion for spreading ethics and, as Grassia concluded, “for creating citizenship”.



The Delicias Celebra Club

The Toy Race

To start the activities planned for the year 2020, the Delicias Panathlon Club has carried out the celebration of the Toy Race, in which about one hundred children and their parents took part in an enjoyable event since, in addition to the physical activity performed, toys were distributed to the participants.



The main aim was to circulate among the children and their parents in this cotton-producing region fair-play behaviour (clean play) and love for healthy and recreational activities and, at the same time, to bring a smile to the girls and boys of the community through this athletic event.

At the end of the activity, thanks to its friendly features, everyone attending deserved a toy as a reward for their commitment and for taking part in an event that was institutionalised as traditional of this association.

THE ECUADOR DISTRICT

The Portoviejo Club has been founded

On a pleasant evening in the city of Portoviejo, the ceremony of inauguration of the Portoviejo Panathlon Club was held, under the guidance of Danilo Carrera, President of the Ecuador District of Panathlon International. The event was attended by the managers and also the members of the Panathlon Club of Guayaquil and of the Portoviejo Panathlon Club, just created, together with a number of special guests.

Arturo Gamboa, secretary of the Ecuador District of Panathlon, took care of the traditional presentations and announced the agenda, and then immediately gave the floor to the president of the Ecuador District of Panathlon International. The latter made a short report about the Panathlon Movement in the world and in Ecuador, stressing the principles inspiring it and its role in society.

He asked everyone present to contribute towards its growth in the country and to work very closely to sport and the community. He pointed out the great help provided by Ms Fatima de Carofilis and by the engineer Mr Ricardo Centeno for their concrete cooperation for forming the new Club, as well as the affection of those attending the event.



Youth Tennis Fair Play Prize

Panathlon and the world of the tennis racket are playing arm in arm again in the nineteenth Tennis Europe Junior Masters competition, held in Reggio Calabria on the clay tennis courts of the glorious "Rocco Polimeni" Circle. This has now earned its precise place in the international calendar, as since 2001 it has been representing the most important showcase for the future talents of the Old Continent. Indeed in the past it had consecrated leading stars such as Rafael Nadal, Murray, Zverev, Belinda Bencic, Jelena Ostapenko and Maria Sharapova. 32 athletes aged between 14 and 16 years old and representing twenty European Countries took part in the last stage, held for the twelfth time in the city on the Strait.

The Italian team was definitely present, in a decidedly positive moment for Italian tennis, with Mariano Tammaro and Peter Buldorini, both on the "Under 16's" scoreboard. It did not go too well for Tammaro, eliminated during round one, while Buldorini stopped in the semi-finals, beaten by the Slovak Peter Nad (6/2, 4/6, 7/6), and then winner of the tournament (after beating the Croat Alen Bill in the finals with partials of 6/2, 7/5).

Again among the males, among the Under 16 competitors there was a clear success of another Croat, Dino Prizmic, who in the finals beat the first seed, the Rumanian Coman (6/4, 7/5).

Among the female Under 16 players, the Russian Ksenia Zayteseva triumphed, beating the Italian-speaking Swiss player Sebastian Scilipoti in the finals in three sets and winning the Panathlon Area 8 Prize, handed over by the Governor Antonio Laganà. The tournament for athletes aged under 14 crowned Petra Marcinko (Croatia), winner in two sets over Amelie Smejkalova of the Czech Republic.

The Fair Play Prize of the Reggio Panathlon Club went to the Polish player Malwina Rowinska, who received it from the hands of the president Tonino Raffa.



*Tonino Raffa, president of the Reggio Calabria Club
Tonino Raffa, hands over the Panathlon Fair Play
Prize to the Polish tennis player Malwina Rowinska.*

!!! Help us to help you !!!

Luckily the articles the Clubs send to this magazine to document their activities and their most suggestive events.

This periodical belongs to all the Clubs and all Panathletes, and because of this the editorial staff try to please everyone, making adequate room for them.

Normally this means one page for each article, with a photograph.

Often, however, our job becomes gruelling due to two problems linked to the material you send in. Sometimes it is too much and you oblige us to edit down praiseworthy texts. On other occasions we have to re-write them in full because although they were drafted willingly they were in an unsatisfactory style for journalism. In each Club there should be a press officer familiar with this activity.

In order to help you, following is the standard of a text.

For computer users: max. 2,500 characters including spaces.

For type-written texts this means 40 lines, 60 characters each.

Thank you for your co-operation.

*Giacomo Santini
Past International President
Editor-in-chief*

The ethical plate on the road for small riders

The first appointment with the Federal School of Motorcycling Speed ended on Saturday, 15th February, in the "scintilla circuit of Rieti. The project enabled the very young enthusiasts aged from 6 to 12 years old, to ride motorcycles for the first time in absolute safety.

More important appointments are also planned at the circuits of Misanino, Mugellino and Ottobiano. Under the protective wing of the Italian Motorcycling Federation, these youngsters had the opportunity to learn driving techniques, to train how to handle town traffic and to test their attitudes towards two-wheeled competition.

Everything took place in total safety thanks to the expert eyes of the federal technicians.

What is more, some electrical mini-bikes were also used, in order to sensitise participants to the subject of environmental safeguarding.

During the event, the Rieti Panathlon Club installed in the facility the Ethical Plate, in the presence of Chrisiam Farinelli, Coordinator of the speciality, Paolo Lancia, mayor of Contigliano and Luviao Pistolesi, Provincial Delegate of the Italian National Olympic Committee (CONI).



The difficult story of women in sport

Convention at the Sabina Universitas on the book and the exhibition by Adriana Balzarini

by Anna Sfoza Nobili

The Rieti Panathlon Club of the Lazio area held a meeting presenting the book "L'emancipazione femminile attraverso i Giochi Olimpici" (The Emancipation of Women through the Olympic Games) by Adriana Balzarini. This was not a new title for the Club as an exhibition of photographs bearing the same name had been presented in November 2015 in Rieti at the Sacchetti Sassetti School showing women Olympic athletes, including Sara Simeoni, who was a guest of the club.

What is the message? The efforts, the sacrifices, the mortifications endured by women in their aspirations in the fields of social activities, work and sometimes family matters, were considerable also in the world of Sport. At the meeting, many women athletes were talked about as heroines in the fields in which they stood out, in spite of the hostilities even of the very organisers of the Sports, including Pierre De Coubertin. The presentation was held by Gianfranco Formichetti, Councillor of Rieti for Culture, and Giuseppe Pitoni, A sports teacher.

The book is the sublimation of women's sport, starting out from Rosetta Gagliardi, the Italian woman present at the 1920 Olympic Games in Antwerp; from Trebisonda Valla, known by the name Ondina, the first female gold-metal winner for Italy in Berlin in 1936 and from Maria Scutti, who won fifteen medals in four different sports at the first Rome Paralympic Games in 1960, which record has not yet been beaten.

Again in Rome at the 1960 Olympic Games, Wilma Rudolf, known fondly as the black gazelle and who symbolised competition against white athletes, was a winner. Enriqueta Basilio de Sotelo was the first woman to light the Olympic flame in Mexico City, in 1968; Novella Calligaris won the first Olympic medals for Italian swimming.

How can we not remember Nadia Comaneci in Montreal in 1976, who was one of the most important female gymnasts ever? Then there was also Sara Simeoni, Olympic high-jumper in Moscow in 1980 and, among the more recent, Beatrice Vio, who went from a serious disease to her triumph in Rio in 2016, at the "jogos Paralimpicos". In swimming, Federica Pellegrini was exalted as the first Italian female swimmer to win a gold medal in Beijing in 2008 and, in diving, Tania Cagnotto. Among the sadder stories was that of Samia Yusuf Omar, a very young Somali athlete from Mogadishu, who competed in the 2008 Olympic Games in Beijing, after overcoming unspeakable difficulties. Then, in 2012, she came to Italy to train for the London Olympic Games, undergoing a terrible sea journey that ended in a shipwreck close to Lampedusa.

The book contains many other sad and even dramatic stories to which the public attending the event were sensitive. People talked and made comments, starting from the club's Chairwoman Maria Clara Mariannantoni and Maurizio Chiarinelli, chairman of the Sabina Universitas.

Mr José Pinto Lapa member of the Brazilian Academy

The president of the Recife Club, a physical education teacher, received a recognition of great prestige for his professional activity, started in 1962

Mr José Pinto Lapa, president of the Recife Panathlon Club, was awarded the title of "Immortal", with the assignment of chair number 19 of the Brazilian Academy of Physical Education included in the International Federation of Physical Education. Mr Lapa had started his professional activity in 1962, continuing it without any breaks until the present time.

The ceremony took place in the SESC auditorium in Recife, in the presence of family members, public authorities, public and private organisations, representatives of the International Federation of Physical Education and of the Federal and Regional Councils of Physical Education, professionals from the fields of education and sport of Pernambuco and panathletes of the Recife Club.

After being awarded, the president received the congratulations of the former Governor of Pernambuco Gustavo Krause and of the Panathlon Clubs of the following districts: Brazil, Argentina, Uruguay, Peru and Mexico. In his speech following his appointment, Mr José Pinto

Lapa thanked first of all his family, then the public and private managers who had assigned to him management of physical education and sport projects and programmes held at in the states of Amapá, San Paulo and Pernambuco, and lastly the colleagues who, together with him had supported all these activities. Lastly, he stressed the value of Panathlon - an association consisting of the thousands of volunteers belonging to 281 service clubs scattered throughout 24 countries, backing the unifying role of sport.



Transgender sportspeople

An interesting conference at the university on a highly topical issue

by Cesare Dacarro

Following is an abstract from an article by Cesare Dacarro from the site of the Pavia University Sports Centre. Who are we? Who are transgender sportspeople? What sport of the future? Is the multiplication of changing rooms in sports facilities a need to be considered?

The speakers of the conference, organised by the Pavia Panathlon, were clear and, in their communications, they expressed scientifically useful arguments for putting transgenderism in the framework of the occurrences characterising our society and contributing towards enriching our culture, including that of sport.

I shall start from the assumption, often brought up, that in sport there must be room for everyone; for this reason I will evaluate the topic being discussed through a low-resolution lens, unable to highlight the excessive fragmentation of the categories of sportspeople, which will appear to us like a dissolution thereof. Sport is currently organised according to the binary gender system based on the subdivision of sex into male and female, a classification based therefore on the idea that there are only two genders, men and women. Up to now, sport has disregarded the possibility of splitting up its proposals depending on a plurality of identities and not just on the binary system. At this point we can ask ourselves the following question. So, who are we, then?

A neologism has recently been introduced into the Oxford English Dictionary published by the Oxford University Press. This is "cisgender", designating "a person whose sense of personal identity corresponds to the sex and gender assigned to him or her at birth". "Transgender", instead, refers to a person who does not feel at ease with the sex and gender assigned to him or her at birth.

This classification overcomes that due to the effect of which an individual is defined as "normal" or "different".

It is understood that sexual identity and somatic sex are not always an unalterable characteristic determined biologically as a result of the complex situations that are generated following spawning. Sexual identity is also the fruit of a series of pre-natal and post-natal variables. To answer the question "Who are we?" I have to say that we are all trans-sexual. As we know, men and women are born from mono-sexual ovules that subsequently beco-

me embryos. Women have 44 normal chromosomes plus two X chromosomes; men have 44 normal chromosomes, one X chromosome and one Y chromosome. Inside the mother's uterus, derived from the same embryonic structure, the penis or the clitoris, start to develop in response to chemical substances, the hormones that circulate in the blood. Determination of a sex does not always occur in this way and does not depend necessarily on the presence of certain chromosomes. The anthropologist Anne Bolin maintains that sexual gender is not attributed by the presence of the genitals but is "achieved" also socially. If the conviction that attribution of the sexual gender is to be attributed with anthropomorphic criteria is abandoned, it is possible to go back to our furthest off forefathers: bacteria.

These were the first cells appearing on the earth and their union gave rise to the eukaryote cell that generated all living beings, except for bacteria, which still maintain their nature of prokaryote cells.

What do bacteria, transgenders, males and female have to do with sport? In my capacity as president of the Pavia University Sports Centre, I was asked to attend the round table discussion held at the end of the conference organised by Panathlon. This was the role I had to maintain even allowing myself to make some considerations on the biology of transgenderism, limiting myself, as already stated earlier, to some simple comments.

I must say that, in many years, the problem of a transgender person interested in the practising of a sport had never been submitted to me. The topic "transgender people and sport" appears to me to be irrelevant in the general economy of the University Sports Centre. The data present in literature confirm that the number of transgender athletes in the population considered top-level athletes does not belie my simplistic statement, confirmed by the studies of several Authors who have estimated the prevalence of top-level athletes at about 0.2 – 0.5 % population as a whole. I am certain, on the contrary, that there have been homosexuals belonging to University Sports Centre teams without their presence having created problems of any kind; I therefore feel that an evolved and multi-disciplinary sports associations may offer opportunities in the framework of sport for LGBTs (Lesbian, Gay, Bisexual and Transgender individuals). It is obvious that it is difficult to

identify with certainty transgender parties who practise a sport, above all in recreational and amateur sports activities, as their performances do not feature the same excellence as those of top-level athletes, whose transsexual condition determines clearly the achievement of important and obvious results.

This refers above all to those arising from the condition linked to a Male-to-Female transition. It is definitely easier for a female transsexual to obtain excellent results than it is for male transsexual athletes. It is also true that in order to obtain results of an absolute value a female transsexual athlete will have to have physical features that are remarkable as such, like those of a champion, resulting from their natural characteristics and not caused by an artificial Male-to-Female transition.

There are very few transsexual individuals practicing sports, however it is obvious that my position here was also provocative in order to stimulate the debate. For example, a representative of ARCI Gay asked me whether there was a third changing room in the facilities used at the University Sports Centre. As things stand currently, the presence of a third changing room could be an element of further uneasiness for a transgender individual, above all a young one.

Last but not least there is the problem of fighting against doping also in the case of transgender athletes. A tran-

sgender individual may be phenotypically female but genetically male with a concentration of male androgen hormones functioning at muscular level. Male-to-Female transsexual athletes have to show a level of testosterone of less than 10 nanomoles per litre for at least one year before a competition. In the case of Caster Semenya, it appears that it was established that this athlete is not a man but, rather, a woman with hyperandrogenism, a condition in which an higher than average quantity of androgen hormones such as testosterone is produced.

To conclude, I can state that the definition of new categories in sport, the invention of new types of sport and other situations will continue, making sport more and more enclosed in a professional and spectacular domain. In amateur and recreational sport, classifications and categories should be abolished, leaving room to the greatest freedom in performance of the event in the absence of bonds, and with the greatest heterogeneity of participants.

There is also, just round the corner, a third possibility, a way out in which everyone, really everyone, can engage without having to produce certificates or whatever: this refers to electronic sports, or e-sports.



Caster Semenya, a South African middle-distance runner – Two gold medals at the Olympic Games, in the 400 and 800-metre races, and three in the world championships.

About elections and the elected parties...

It is election time in Panathlon. First the Club Presidents, then the Governors of the areas in Italy, then the Presidents of the National Districts and, lastly, the Annual Meeting for appointing a new International Board.

On the days before the various election events, we saw a lot of liveliness among members at all levels, both as candidates and as supporters of one or another. It is very good that all this happens, as it is a sign of vitality of our association and interest in taking up positions as a service towards other people.

Yes, indeed. This is the key with which to face up to such a delicate moment correctly, on which the future of our movement and its image, to be protected in the world of sport, depend.

What is important is not to copy formulae and styles featuring electoral dynamics of politics, as this would lead to the loss of the ethical reference that we propose, unlike that of the political parties, which is simply a question of power and conflict.

This note was inspired by embarrassing signals coming from some places in which not very orthodox operations seem to have been carried out by some panathletes who had planned, precisely in the style of political parties, and with the vocation of across-the-board strategists, how to share out roles and of "powers".

"I will run for the International Board, you be the Governor and will then take over from me when I stand as a candidate for the International Chairmanship, or you will become the Chairman of the District", and so on. Some people have also spoken of a lobby of Governors in Italy or in a certain area of the north or south, for planning the paths of the assignments and of the people in the various different clubs.

So, here is the natural and statutory "reset" that Panathlon guarantees. If there is "power" in Panathlon, in the sense of a right to decide, this belongs to the clubs. Each club constitutes the root of the movement and the direct base its democratic choices.

The various roles arising from it, starting from that of Club Chairman and then on to Governor, District Chairman, International Board Member and International Chairman, are subject to this original "power" established by the roles according to the statute and inspired by the ethical rules.

All the strategic manoeuvres that we leave willingly to other worlds, break against this embankment founded on the ideals, not on the thirst for "power". This is also because in Panathlon "power" does not exist, just as hierarchies understood according to the military meaning do not exist.

Only operational roles exist, at different levels, founded on responsibility and fair play, on a search for harmony, on the ability to unite, on a vocation for common intents and ideals.

Whoever is elected Governor or Chairman of a District does not become a Viceroy of a territory but the service link between the various clubs and the international level, which constitutes the added value capable of raising our commitment to a comparison that is not only national but worldwide.

So in Panathlon there is no room for a "single man in charge. Rather, a team game is played.



The spirit and the ideals

The Foundation was created in memory of Domenico Chiesa, at the initiative of his heirs Antonio, Italo and Maria. Domenico Chiesa, who in 1951, in addition to being the promotor of the first Panathlon Club, had also written the draft of its charter, and who in 1960 was one of the founders of Panathlon International, had expressed the wish during his lifetime, albeit not technically binding for his heirs, that part of his wealth should be used to assign awards periodically to artistic works inspired by sport, as well as to cultural activities and publications sharing the same goals as Panathlon. With regard to the creation of the Foundation, alongside the Chiesa family's conspicuous contribution, the generous support of the whole Panathletic movement must be remembered. It came from very many clubs as well as personally from many Panathletes, letting the Foundation achieve the conditions needed for entering the world of visual art in a prestige and striking manner: introducing an award organised jointly with one of the most important organisations of its kind at world level: the Venice Biennale.

Domenico Chiesa Award

On 24th September 2004 the Panathlon International Central Board, considering the need to increase the Foundation's capital and to honour the memory of one of the founder members of Panathlon, who was its source of inspiration as well as its first financial backer, decided to start the "Domenico Chiesa Award". It was to be assigned following proposals by the single clubs and on the basis of specific rules, to one or more Panathletes or even non-members who had lived according to the Panathletic spirit. In particular, it was to go to people who had undertaken to uphold the ideal of sport and had contributed in an exceptionally significant manner:



***towards the understanding and promotion of the values of Panathlon
and of the Foundation through cultural means inspired by sport***

***towards the concept of friendship among all Panathletes and everyone operating in sporting circles,
thanks also to the assiduity and quality of their participation in the activities of Panathlon,
for members and for non-members, recognising in the Panathletic ideals a top value
for the education and training of the young***

***towards the willingness to serve, thanks to their activities for the benefit of the Club
and their generosity towards the Club and the world of sport.***

Chiesa Italo - P.C. Venezia 20/10/2004	Attilio Bravi - P.C.Bra 25/05/2009	Sergio Campana P.C. Bassano 09/12/2014
Chiaruttini Paolo - P.C.Venezia 16/12/2004	Antonio Spallino - P.C.Como 30/05/2009	Fabiano Gerevini P.C. Crema 13/11/2015
Pizzetti Martino - P.C.Parma 15/12/2004	Gaio Camporesi offerto Enrico Prandi 21/11/2009	Dionigi Dionigio Area 5 06/12/2015
Chiesa Italo offerto Enrico Prandi 20/10/2004	Mons.Mazza - P.C.Parma 15/12/2009	Bruno Grandi P.C. Forlì 22/01/2016
Battistella Bruno P.C.Vittorio Veneto 27/05/2005	Mario Macalli - P.C.Crema 22/12/2009	Mara Pagella P.C. Pavia 18/02/2016
Ferdinandi Pierluci P.C.Latina 12/12/2004	Livio Berruti - Area 3 19/11/2010	Giancaspro Antonio P.C. Molfetta 26/11/2016
Mariotti Gelasio P.C.Vald.Inf 19/02/2006	Gianni Marchiol - P.C.Udine N.T. 11/12/2010	Oreste Perri Area 02 26/11/2016
Prando Sergio P.C.Venezia 12/06/2006	Mario Mangiarotti - P.C.Bergamo 16/12/2010	Gianduia Giuseppe P.C. La Malpensa 13/12/2016
Zichi Massimo P.C.Latina 06/11/2006	Mario Sogno P.C.Biella 24/09/2011	Giovannni Ghezzi P.C. Crema 14/12/2016
Yves Vaan Auweele P.C.Brussel 21/11/2006	Mariuccia Lombardini - P.C.Reggio E. 19/11/2011	Roberto Peretti P.C. Genova levante 26/01/2017
Viscardo Brunelli P.C.Como 01/12/2006	Bernardino Morsani - P.C.Rieti 25/11/2011	Magi Carlo Alberto Distretto Ita 31/03/2017
Giampaolo Dallara P.C. Parma 06/12/2006	Roberto Ghiretti - P.C.Parma 15/12/2011	Mantegazza Geo PC Lugano 20/04/2017
Fabio Presca I Distretto 15/02/2007	Fondazione Lanza P.C.Udine N.T. 17/12/2011	Palmieri Caterina PC Varese 16/05/2017
Giulio Giuliani P.C. Brescia 12/06/2007	Giuseppe Molteni - P.C. Varese 17/04/2012	Paul De Broe PC Brussels 28/01/2018
Avio Vailati Venturi P.C.Crema 13/06/2007	Enrico Prandi Area 5 11/12/2012	Vic De Donder PC Brussels 28/01/2018
Luciano Canavese P.C. Crema 13/06/2007	Sergio Allegrini - P.C.Udine N.T. 17/12/2012	Buzzella Mario PC Crema 28/02/2018
Sergio Fabrizi P.C.La Malpensa 19/09/2007	Piccolo Gruppo Evolution - Polisp. Orgnano A.D. P.C.Udine N.T. 17/12/2012	Balzarini Adriana Distretto Italia 16/06/2018
Cesare Vago P.C. La Malpensa 19/09/2007	Don Davide Larice P.C.Udine N.T. 17/12/2012	Guccione Alù Gabriele PC Palermo 09/11/2018
Amedeo Marelli P.C. La Malpensa 19/09/2007	Maurizio Monego Area 1 31/10/2013	Di Pietro Giovanni PC Latina 27/10/2018
Fernando Petrone P.C. Latina 10/12/2007	Henrique Nicolini Area 1 Area 2 31/10/2013	Speroni Carlo PC La Malpensa 13/11/2018
Vittorio Adorni P.C.Parma 16/01/2008	Together onlus P.C. Udine NT 30/11/2013	Dainese Giorgio Area 05 26/10/2019
Dora de Biase P.C.Foggia 18/04/2008	Enzo Cainero P.C. Udine NT 30/11/2013	Bambozzi Gianni Area 05 26/10/2019
Albino Rossi P.C.Pavia 12/06/2008	Giuseppenicola Tota Area 5 11/06/2014	Marini Gervasio PC Latina 9/12/2019
Giuseppe Zambon - P.C.Venezia 18/12/2008	Renata Soliani P.C. Como 12/06/2014	Pecci Claudio PC Como 12/12/2019
Maurizio Clerici - P.C.Latina 15/12/2008	Geo Balmelli P.C. Lugano 12/06/2014	Lucchesini Giorgio PC Altavaldelsa 16/12/2019
Silvio Valdameri - P.C.Crema 17/12/2008	Baldassare Agnelli P.C. Bergamo 30/10/2014	Facchi Gianfranco PC Crema 18/12/2019
Enrico Ravasi - P.C.Varese 21/04/2009		Marani Matteo PC Milano 28/01/2020



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