



PANATHLON INTERNATIONAL

LUDIS IUNGIT

Project approved by the International Board FAIR PLAY RESTARTS FROM SCHOOL

*By Orietta Maggi
IB Vice-president*

Behaviours inspired by sport chivalry, respect for the opponent, loyalty, fairness, rejection of doping and deceitful activity in competitions must develop in the conscience of young people hand in hand with their cultural growth and civic education during the different levels of schooling.

Introduction The expression "fair-play" is made up of two words: fair = beautiful, pleasant, pure; play = engage in physical activity, make music.

Over time, the expression has become of common use in modern sport to define behaviours inspired by loyalty, fairness and respect.

In the English colleges of the nineteenth century, sports practice inspired by "fair play" became an educational tool. Baron De Coubertin, creating the new Olympic Games, was inspired by the values of fair play with the intention of spreading it. The Olympic Charter seeks to improve the quality of life through the development of the person and the promotion of understanding and solidarity between peoples. Panathlon International is one of the associations - together with the Olympic Academy and Unesco - that most authoritatively cooperate with the IOC, bearing witness to the educational importance of sport inspired by ethics and fair play.

School

School is an education institution and as such it has the task of guiding students not only towards the desire for knowledge but also to the shaping of their personality and conscience as citizens. For this reason, *the education institutions of some countries* have issued guidelines for the teaching of civic education starting from pre-school.

The guidelines divide this teaching into three macro-areas:

Constitution, Sustainable Development and Digital Citizenship. The first area, i.e., Constitution, obviously also includes the Law and respect for the rules, and this is where Fair Play can lie. It can include several points: • Respect for the rules • Respect for the opponent • Respect for teammates • Respect for the environment. etc

The school plays its role alongside, and in accord with, the families, who must in any case remain the point of reference for the boys/girls: this bond is of fundamental importance particularly so that the messages sent out are unambiguous and not conflicting.

The purpose of the school and of the family is the same: to educate young people to become conscious citizens.

Who is the project aimed at.

The project is aimed at all students of all levels, starting with pre-school. ***But to their parents, too.*** "If a society values its children, it must cherish their parents" (John Bowlby): this sentence leads us to think that it is also fitting to direct action to the parents. It is thought, in fact, that Fair Play must be taught regardless of age limits, and that every child, boy/girl, can internalize it in a different and appropriate way for their given age. Furthermore, it is deemed important that the skills acquired at school are strengthened in every area of life.

VILLA QUEIROLO

Via Aurelia Ponente 1 - 16035 Rapallo (GE) - I
Tel. +39/0185/65295-6 - Fax +39/0185/230513
www.panathlon-international.org

Cod. fisc. 80045290105 - P.IVA 02009860996





PANATHLON INTERNATIONAL

LUDIS IUNGIT

From this perspective, this topic fits well within the civic education project and can be addressed in different ways and by different means over the years. It can also be revised and re-proposed from year to year, thus providing the certainty that Fair Play is a trait that characterizes our entire existence and that encompasses several areas of our life.

PHASES OF THE PROJECT

Phase 1 Identify **a Panathlon International Club member** who can liaise with the school:

- a.** a member who is a PA teacher, or of another subject, who can directly deal with the project within the school
- b.** a Member who can interact with teaching staff to deliver an introductory presentation
- c.** Where there is a Panathlon Club Junior, its members can be engaged.

Phase 2 The school organizes one or more days (depending on the number of classes) in which several classes meet in the gym (Covid regulations permitting) or on an online distance learning platform. During these meetings, the contact member presents "Fair Play" using the slides created and made available by Panathlon International or any self-produced material. Optional: an additional meeting can be planned in which each class engages in a circle time activity (circle discussion, sharing): students are asked to collect information and form their own opinion on the topic and to then share with the rest of the class. This activity should be carried out in person, possibly by placing the chairs in a circle and maintaining safety distancing. This activity is optional, but it certainly helps to ensure that the kids do concentrate on this topic.

Phase 3 The pupils engage in cooperative learning and carry out a group work to create multimedia material: they will be asked to devise a campaign to promote Fair Play through videos, flyers, columns and other channels that they consider useful. In this phase, the teacher may offer initial guidance, but then he/she will leave the students free to choose the tools they deem most appropriate.

PRE-SCHOOL: drawings, posters, storytelling, acting.

PRIMARY SCHOOL: drawings, photographs, small videos, songs.

SECONDARY SCHOOL OF FIRST GRADE: videos, flyers, power point presentations.

UPPER SECONDARY SCHOOL: more structured videos, commercials, posters, creation of a You Tube channel of the school (with limited access, if not already in place) and presentation of the videos on the channel. These are just a few suggestions, but at this stage you can give ample space to your imagination.

Phase 4 (this may be used by the teacher for assessment purposes) Fair Play Day: each group presents its project on Fair Play. Safety regulations permitting, it could be interesting to run several stands in the gym or in an area of the city/town made available by the Council, where each group sets up a table with flyers, posters and videos. Also, the final day could be organised to include the presence of the president of the Panathlon Club or of representatives of other organizations (sports associations, coaches, Mayor and councillors...).

EXTRA-CURRICULAR PHASE TARGETED TO THE FAMILIES: the program devised for students may include seminars on various topics targeted to the parents • Fair Play • Bullying and cyberbullying • Children's rights in sport.

These seminars may be run face-to-face or online. It is advisable to tackle issues such as Bullying and Cyberbullying with the support of a psychologist or other people with specific background on the subject.